



# 1. LIVING THE DASH

## Suggested Music & Media

**SONG:** ALL THAT I CAN DO  
**ARTIST:** Bethany Dillon  
**ALBUM:** Imagination  
**STYLE:** Pop  
**TEMPO:** Medium  
**THEMES:** Excitement in following God's Lead

**SONG:** DON'T BLINK  
**ARTIST:** Kenny Chesney  
**ALBUM:** Just Who I Am: Poets and Pirates  
**STYLE:** Country  
**TEMPO:** Slow  
**THEMES:** Life Goes By So Fast

**SONG:** EVERY MOMENT  
**ARTIST:** Joy Williams  
**ALBUM:** By Surprise  
**STYLE:** Pop  
**TEMPO:** Medium  
**THEMES:** Hold On to Every Moment

**SONG:** GOODBYE ORDINARY  
**ARTIST:** Mercy Me  
**ALBUM:** All That Is Within Me  
**STYLE:** Rock  
**TEMPO:** Up  
**THEMES:** Desire to Live Life to the Max

**SONG:** IN THE BLINK OF AN EYE  
**ARTIST:** Mercy Me  
**ALBUM:** Undone  
**STYLE:** Pop  
**TEMPO:** Medium  
**THEMES:** Fulfill Your Purpose On Earth Before Your Time Is Up

**SONG:** LIVE LIKE WE'RE ALIVE  
**ARTIST:** Nevertheless  
**ALBUM:** Nevertheless  
**STYLE:** Pop  
**TEMPO:** Up  
**THEMES:** Ready to Give Everything While Time Lasts

**SONG:** LIVE LIKE YOU WERE DYING  
**ARTIST:** Tim McGraw  
**ALBUM:** Live Like You Were Dying  
**STYLE:** Country  
**TEMPO:** Slow  
**THEMES:** Living Life Full With the Time Left

**SONG:** MEANT TO LIVE  
**ARTIST:** Switchfoot  
**ALBUM:** Beautiful Letdown  
**STYLE:** Rock  
**TEMPO:** Medium  
**THEMES:** God Has So Much More For Our Lives

**SONG:** MIRACLE OF THE MOMENT  
**ARTIST:** Steven Curtis Chapman  
**ALBUM:** This Moment  
**STYLE:**  
**TEMPO:** Medium  
**THEMES:** Joy in Here and Now Precious Moments of Life

**SONG:** MY WISH  
**ARTIST:** Rascal Flatts  
**ALBUM:** Me and My Gang  
**STYLE:** Country  
**TEMPO:** Medium  
**THEMES:** Wishing You'll Make the Right Choices and Have a Great Life

**SONG:** UNWRITTEN  
**ARTIST:** Natasha Bedingfield  
**ALBUM:** Unwritten  
**STYLE:** Pop  
**TEMPO:** Medium  
**THEMES:** Your Future Is An Open Book

**SONG:** WALKIN' IN MY FATHER'S SHOES  
**ARTIST:** Craig Morgan  
**ALBUM:** ???????  
**STYLE:** Country  
**TEMPO:** Slow  
**THEMES:** Like Father Like Son

**SONG:** WE LIVE  
**ARTIST:** Superchic  
**ALBUM:** Beauty From Pain  
**STYLE:** Pop  
**TEMPO:** Medium  
**THEMES:** The Days We Are Given Are a Gift From Above



## 2. LIVE PASSIONATELY

## Suggested Music & Media

**SONG:** ALIVE  
**ARTIST:** Rebecca St. James  
**ALBUM:** If I Had Once Chance  
**STYLE:** Rock  
**TEMPO:** Medium  
**THEMES:** God Makes Us Really Come Alive

**SONG:** ALIVE IN THIS MOMENT  
**ARTIST:** Starfield  
**ALBUM:** Starfield  
**STYLE:** Pop  
**TEMPO:** Medium  
**THEMES:** Fully Engaged In the Here and Now

**SONG:** AUDIENCE OF ONE  
**ARTIST:** Big Daddy Weave  
**ALBUM:** One and Only  
**STYLE:** Pop  
**TEMPO:** Medium/Slow  
**THEMES:** Pleasing the Only One Who Really Matters

**SONG:** BE STILL AND KNOW  
**ARTIST:** Steven Curtis Chapman  
**ALBUM:** Speechless  
**STYLE:** Piano Ballad  
**TEMPO:** Slow  
**THEMES:** Importance of Taking Time to Slow Down

**SONG:** COMPLETELY  
**ARTIST:** Anna Laura  
**ALBUM:** Facing the Giants Soundtrack  
**STYLE:** Piano Ballad  
**TEMPO:** Slow  
**THEMES:** Complete Surrender

**SONG:** DON'T GET COMFORTABLE  
**ARTIST:** Brandon Heath  
**ALBUM:** Don't Get Comfortable  
**STYLE:** Folk/Pop  
**TEMPO:** Medium  
**THEMES:** God Calls Us to Live Differently

**SONG:** HOW YOU LIVE  
**ARTIST:** Point of Grace  
**ALBUM:** How You Live  
**STYLE:** Country Ballad  
**TEMPO:** Slow  
**THEMES:** Don't be Afraid to Live Life to the Full

**SONG:** I HOPE YOU DANCE  
**ARTIST:** Lee Ann Womack  
**ALBUM:** I Hope You Dance  
**STYLE:** Country  
**TEMPO:** Slow  
**THEMES:** Challenge to Live Every Moment With Conviction

**SONG:** LEARN TO BE STILL  
**ARTIST:** Eagles  
**ALBUM:** Hell Freezes Over  
**STYLE:** Folk/Pop  
**TEMPO:** Medium  
**THEMES:** Learning How to Stop and Be Still

**SONG:** LIVE FOR TODAY  
**ARTIST:** Natalie Grant  
**ALBUM:** Awaken  
**STYLE:** Pop  
**TEMPO:** Medium  
**THEMES:** Letting Your Light Shine Like There's No Tomorrow

**SONG:** PEACE BE STILL  
**ARTIST:** Rush of Fools  
**ALBUM:** Rush of Fools  
**STYLE:** Piano Ballad  
**TEMPO:** Slow  
**THEMES:** Peace/Stop and Know That He Is God

**SONG:** SAY  
**ARTIST:** John Mayer  
**ALBUM:** Available Only as a Single  
**STYLE:** Pop  
**TEMPO:** Medium  
**THEMES:** Speak Your Heart While You Have a Chance

**SONG:** THIS IS YOUR LIFE  
**ARTIST:** Switchfoot  
**ALBUM:** Beautiful Letdown  
**STYLE:** Rock  
**TEMPO:** Slow  
**THEMES:** Make the Most of Today



### 3. LOVE COMPLETELY

## Suggested Music & Media

**SONG:** A BETTER WAY  
**ARTIST:** Downhere  
**ALBUM:** Wide Eyed and Mystified  
**STYLE:** Piano Ballad  
**TEMPO:** Slow  
**THEMES:** Jesus' Sacrifice of Love/Forgiveness

**SONG:** EAST TO WEST  
**ARTIST:** Casting Crowns  
**ALBUM:** Altar and the Door  
**STYLE:** Ballad  
**TEMPO:** Slow  
**THEMES:** God's Forgiveness

**SONG:** FACE OF LOVE  
**ARTIST:** Sanctus Real  
**ALBUM:** Face of Love  
**STYLE:** Rock  
**TEMPO:** Medium  
**THEMES:** What Love Looks Like

**SONG:** HANDS AND FEET  
**ARTIST:** Audio Adrenaline  
**ALBUM:** Hit Parade  
**STYLE:** Rock  
**TEMPO:** Medium  
**THEMES:** Serving God to Reach Out to Others

**SONG:** IF WE ARE THE BODY  
**ARTIST:** Casting Crowns  
**ALBUM:** Casting Crowns  
**STYLE:** Pop  
**TEMPO:** Medium  
**THEMES:** Church's role is to care for others

**SONG:** IN A MOMENT  
**ARTIST:** Half Past Forever  
**ALBUM:** Take a Chance On Something Beautiful  
**STYLE:** Pop  
**TEMPO:** Slow  
**THEMES:** Love Pulls You Through Everything

**SONG:** OCEAN FLOOR  
**ARTIST:** Audio Adrenaline  
**ALBUM:** Lift  
**STYLE:** Rock  
**TEMPO:** Medium  
**THEMES:** God throws our sin and guilt to the bottom of the sea

**SONG:** ONLY WAY TO LIVE  
**ARTIST:** Andrea Webber  
**ALBUM:** None  
**STYLE:** Power Ballad  
**TEMPO:** Slow  
**THEMES:** Love Should be the Focus of Our Existence

**SONG:** RISE  
**ARTIST:** Robbie Seay Band  
**ALBUM:** Give Yourself Away  
**STYLE:** Alternative Rock  
**TEMPO:** Fast  
**THEMES:** Rise up and love with everything you've got

**SONG:** SO LONG SELF  
**ARTIST:** Mercy Me  
**ALBUM:** Coming Up to Breathe  
**STYLE:** Pop  
**TEMPO:** Up  
**THEMES:** Dying to Self

**SONG:** SO SMALL  
**ARTIST:** Carrie Underwood  
**ALBUM:** Carnival Ride  
**STYLE:** Country  
**TEMPO:** Slow  
**THEMES:** Do everything in love

**SONG:** THESE FOUR WALLS  
**ARTIST:** Sara Evans  
**ALBUM:** Real Fine Place  
**STYLE:** Country  
**TEMPO:** Slow  
**THEMES:** An Ordinary Woman is Hero at Home



## 4. LEARN HUMBLY

## Suggested Music & Media

**SONG:** ALL I CAN DO IS SURRENDER  
**ARTIST:** Mark Roach  
**ALBUM:** Every Reason Why  
**STYLE:** Pop  
**TEMPO:** Medium  
**THEMES:** Letting Go and Giving Up Everything to God

**SONG:** BECOME WHO YOU ARE  
**ARTIST:** Mainstay  
**ALBUM:** Become Who You Are  
**STYLE:** Rock  
**TEMPO:** Up  
**THEMES:** Growing through Mistakes/Chasing the Trivial/Emptiness

**SONG:** BLESS THE BROKEN ROAD  
**ARTIST:** Selah  
**ALBUM:** Bless the Broken Road  
**STYLE:** Piano Ballad  
**TEMPO:** Slow  
**THEMES:** All Roads In Life Lead Us to God

**SONG:** BRING IT ALL TOGETHER  
**ARTIST:** Natalie Grant  
**ALBUM:** Awaken  
**STYLE:** Soulful  
**TEMPO:** Slow  
**THEMES:** God Brings Everything Together For Our Good

**SONG:** CHANGE INSIDE OF ME  
**ARTIST:** Mercy Me  
**ALBUM:** Spoken For  
**STYLE:** Pop  
**TEMPO:** Medium  
**THEMES:** Life Change thanks to Christ

**SONG:** COMING BACK TO LIFE  
**ARTIST:** Echoing Angels  
**ALBUM:** You Alone  
**STYLE:** Pop Ballad  
**TEMPO:** Slow  
**THEMES:** God's Forgiveness/Living Again

**SONG:** GLORY OF LIFE  
**ARTIST:** Rascal Flatts  
**ALBUM:** We Were Soldiers Soundtrack  
**STYLE:** Soulful  
**TEMPO:** Medium  
**THEMES:** The Glory of Life Is God With Us

**SONG:** I'M NOT WHO I WAS  
**ARTIST:** Brandon Heath  
**ALBUM:** Don't Get Comfortable  
**STYLE:** Folk/Pop  
**TEMPO:** Medium  
**THEMES:** Changed Life

**SONG:** LIFE HAD OTHER PLANS  
**ARTIST:** Rebecca Lynn Howard  
**ALBUM:** Forgive  
**STYLE:** Country  
**TEMPO:** Medium  
**THEMES:** Life Has a Way of Changing Our Plans

**SONG:** THANKFUL  
**ARTIST:** Josh Groban  
**ALBUM:** Noel  
**STYLE:** Piano Ballad  
**TEMPO:** Slow  
**THEMES:** Being Grateful For All We Have



## 5. LEAVE BOLDLY

## Suggested Music & Media

**SONG:** AMERICAN DREAM  
**ARTIST:** Casting Crowns  
**ALBUM:** Casting Crowns  
**STYLE:** Pop  
**TEMPO:** Medium  
**THEMES:** Emptiness of Chasing the American Dream

**SONG:** ANYWAY  
**ARTIST:** Martina McBride  
**ALBUM:** Waking Up Laughing  
**STYLE:** Country  
**TEMPO:** Slow  
**THEMES:** Attempt Big Things With the Help From a Big God

**SONG:** BEFORE TOMORROW COMES  
**ARTIST:** Alter Bridge  
**ALBUM:** Blackbird  
**STYLE:** Rock  
**TEMPO:** Medium  
**THEMES:** Importance of Life Change

**SONG:** BURN OUT BRIGHT  
**ARTIST:** Switchfoot  
**ALBUM:** Oh Gravity  
**STYLE:** Rock  
**TEMPO:** Fast  
**THEMES:** Don't Waste Any Moment

**SONG:** I THOUGHT THERE WAS TIME  
**ARTIST:** Blake Shelton  
**ALBUM:** Blake Shelton  
**STYLE:** Country  
**TEMPO:** Medium  
**THEMES:** Don't Wait for Someday As It Might Not Come

**SONG:** LEGACY  
**ARTIST:** Nicole Nordeman  
**ALBUM:** Woven and Spun  
**STYLE:** Pop  
**TEMPO:** Medium  
**THEMES:** Live a Life That Makes a Mark

**SONG:** ONLY HERE FOR A LITTLE WHILE  
**ARTIST:** Billy Dean  
**ALBUM:** Young Man  
**STYLE:** Country  
**TEMPO:** Medium  
**THEMES:** Make Your Life Count With the Time That's Left

**SONG:** SOMETHING WORTH LEAVING BEHIND  
**ARTIST:** Lee Ann Womack  
**ALBUM:** Something Worth Leaving Behind  
**STYLE:** Country  
**TEMPO:** Medium  
**THEMES:** Importance of Leaving a Legacy of Love

**SONG:** TIME THAT IS LEFT  
**ARTIST:** Mark Schultz  
**ALBUM:** Live: A Night of Stories and Songs  
**STYLE:** Pop  
**TEMPO:** Slow  
**THEMES:** Reflecting On What You Will Do With Time That's Left

**SONG:** WHEN THE SAND RUNS OUT  
**ARTIST:** Rascal Flatts  
**ALBUM:** Feels Like Today  
**STYLE:** Country  
**TEMPO:** Medium  
**THEMES:** Living Every Moment As If It Was the Last



## 6. LIVE WITH NO REGRETS

## Suggested Music & Media

**SONG:** CINDERELLA  
**ARTIST:** Steven Curtis Chapman  
**ALBUM:** This Moment  
**STYLE:** Piano Ballad  
**TEMPO:** Slow  
**THEMES:** Time is Precious With Your Kids

**SONG:** HEALING RAIN  
**ARTIST:** Michael W. Smith  
**ALBUM:** Healing Rain  
**STYLE:** Piano Ballad  
**TEMPO:** Slow  
**THEMES:** The Fall of God's Rain Brings Healing

**SONG:** HISTORY  
**ARTIST:** Matthew West  
**ALBUM:** History  
**STYLE:** Pops  
**TEMPO:** Slow  
**THEMES:** Forget the Past for Yesterday Is History

**SONG:** I DON'T REGRET  
**ARTIST:** Barlow Girl  
**ALBUM:** How Can We Be Silent  
**STYLE:** Piano Ballad  
**TEMPO:** Solo  
**THEMES:** Live a Life With No Regrets

**SONG:** LEGACY  
**ARTIST:** Nicole Nordeman  
**ALBUM:** Hearts of the Innocent  
**STYLE:** Piano Ballad  
**TEMPO:** Slow  
**THEMES:** Leaving a Legacy

**SONG:** NO REGRETS  
**ARTIST:** Jennifer Knapp  
**ALBUM:** The Way I Am  
**STYLE:** Pop  
**TEMPO:** Slow  
**THEMES:** A No Regrets Life Allows Us to Be Totally Free

**SONG:** NOT EVERY MAN LIVES  
**ARTIST:** Jason Aldean  
**ALBUM:** Relentless  
**STYLE:** Country  
**TEMPO:** Medium  
**THEMES:** Every Man Dies But Every Man Doesn't Live

**SONG:** OUR FIRST LOVE  
**ARTIST:** Michael Olson  
**ALBUM:** Where Fear and Faith Collide  
**STYLE:** Piano Ballad  
**TEMPO:** Slow  
**THEMES:** Desire to Return to First Love of God

**SONG:** THEN THEY DO  
**ARTIST:** Trace Adkins  
**ALBUM:** Greatest Hits Volume 1  
**STYLE:** Country  
**TEMPO:** Slow  
**THEMES:** Lamenting the Short Time We Have With Our Kids

**SONG:** WHEN ALL IS SAID AND DONE  
**ARTIST:** Geoff Moore  
**ALBUM:** Evolution  
**STYLE:** Piano Ballad  
**TEMPO:** Slow  
**THEMES:** Live Your Life So God Will Say Well Done



## MOVIE CLIPS

### 1. LIVING THE DASH

**TITLE:** PEARL HARBOR

**TOPIC:** Purpose/Commitment

**DESCRIPTION:** Two military men ask their colonel what it is they're dying for. He reveals the goal.

**START TIME:** Disc 2: 0:16:45

**START CUE:** The two stand at the edge of the carrier

**END TIME:** Disc 2: 0:18:00

**END CUE:** The colonel walks away

**TITLE:** THE PRINCE OF EGYPT

**TOPIC:** The awesome power of God and His calling on a life

**DESCRIPTION:** An animated adaptation of God's commission to Moses at the burning bush

**START TIME:** 0:42:50

**START CUE:** Moses pursues a sheep after it bleats

**END TIME:** 0:47:50

**END CUE:** Moses standing by the burning bush

**TITLE:** CHARIOTS OF FIRE

**TOPIC:** Integrity/Taking a stand for what's right

**DESCRIPTION:** Eric Liddell makes a commitment to the Sabbath Day and refuses to run. The powers that be try to get him to change his decision but he stands strong and doesn't compromise.

**START TIME:** 1:28:15

**START CUE:** "We decided to invite you in for a little chat."

**END TIME:** 1:30:00

**END CUE:** "But I can't make that sacrifice."

**COMMENTS:** Powerful and inspirational

**TITLE:** CHICKEN RUN

**TOPIC:** Our calling to really live/Breaking out of comfort zones

**DESCRIPTION:** Ginger dreams of being free while all her friends live the status quo. She dreams out loud of a new world that's waiting outside their confinement.

**START TIME:** 0:16:30

**START CUE:** "Think everyone think."

**END TIME:** 0:18:00

**END CUE:** Door closes

**TITLE:** SUPERMAN

**TOPIC:** Purpose on Earth

**DESCRIPTION:** Clark runs faster than a train to impress some classmates. Pa chastises him for showing off and reminds him that he was placed on the earth for something so much more.

**START TIME:** 0:30:00

**START CUE:** Clark runs with a train

**END TIME:** 0:33:00

**END CUE:** "Thanks, Dad."



## **2. LIVE PASSIONATELY**

**TITLE:** BRAVEHEART

**TOPIC:** Leading with Passion

**DESCRIPTION:** A moving clip of William Wallace as he encourages the Scottish Army to fight for their freedom.

**START TIME:** 1:17:15

**START CUE:** "I am William Wallace, and I see a whole army of my countrymen....."

**END TIME:** 1:18:53

**END CUE:** Wallace rides around as the army cheers.

**TITLE:** DEAD POET'S SOCIETY

**TOPIC:** Seizing the day/Life is all about risks

**DESCRIPTION:** A smart teacher challenges his class to "seize the day"

**START TIME:** 0:13:42

**START CUE:** Student reads, "Gather ye rosebuds while ye may."

**END TIME:** 0:16:25

**END CUE:** "Make your lives extraordinary"

**TITLE:** INDIANA JONES AND THE LAST CRUSADE

**TOPIC:** Taking a step of faith/Trusting God

**DESCRIPTION:** Faith in the unseen allows Indiana Jones to walk across a chasm

**START TIME:** 1:46:50

**START CUE:** When Indiana moves close to the chasm

**END TIME:** 1:48:45

**END CUE:** Indiana Jones tosses some sand on the invisible bridge allowing him to now see it

**TITLE:** THE HUDSUCKER PROXY

**TOPIC:** Passion for Life

**DESCRIPTION:** A hula-hoop rolls down the street and lands in front of a kid who picks it up and gets going with it. At first, several kids stop and stare at the freak show, but they leave to run out and get one for themselves.

**START TIME:** 1:05:30

**START CUE:** A store worker throws hula hoops down an alley

**END TIME:** 1:07:30

**END CUE:** Store worker slaps a price sticker on one

**TITLE:** LEGALLY BLONDE

**TOPIC:** Passion

**DESCRIPTION:** The main character quotes Aristotle at a graduation speech, but disagrees citing passion as the main ingredient that works best.

**START TIME:** 1:29:00

**START CUE:** She is at the podium

**END TIME:** 1:30:30

**END CUE:** All clap and cheer



### **3. LOVE COMPLETELY**

**TITLE:** HOOSIERS

**TOPIC:** Forgiveness/Father and son relationship

**DESCRIPTION:** In a hospital due to alcoholism, a father is visited by his son who wants to tell him he loves him.

**START TIME:** 1:30:15

**START CUE:** "No school this small...."

**END TIME:** 1:32:30

**END CUE:** "No school this small has ever been in the state championship."

**TITLE:** THE STORY OF US

**TOPIC:** Marriage and family issues

**DESCRIPTION:** Playing a traditional game they call "High...Low", a typical suburban family sits down for dinner to discuss the elements of their day. Once the kids leave, we realize immediately that the fun is just a façade for a troubled marriage.

**START TIME:** 0:02:47

**START CUE:** "Now, high low. Who wants to go first?"

**END TIME:** 0:04:30

**END CUE:** "Just as long as the kids see us leaving together and coming home together."

**TITLE:** THE LION KING

**TOPIC:** Calling and Serving/Selfishness/Helping others

**DESCRIPTION:** Simba is chastised by Rafiki to go back home and help free the lions from the evil Scar's rule. Simba's lack of care for others comes out as he would rather live a carefree lifestyle. Rafiki disagrees letting Simba know that he has a duty to serve the suffering of others as we are called to help the hurting.

**START TIME:** 1:00:30

**START CUE:** Simba and Rafiki are walking and talking

**END TIME:** 1:02:00

**END CUE:** They finish fighting

**TITLE:** A BUG'S LIFE

**TOPIC:** Strength in Numbers/Persistence in Life

**DESCRIPTION:** Hopper delivers a speech claiming that their unifying together can accomplish much

**START TIME:** 0:55:00

**START CUE:** Hopper is asked to forget the ants

**END TIME:** 0:56:30

**END CUE:** They fly away

**TITLE:** RAT RACE

**TOPIC:** Coming to the aid of others

**DESCRIPTION:** The racers are reluctant to donate the money to charity until some starving children help change their minds.

**START TIME:** 1:38:30

**START CUE:** "We work for Feed the Earth"

**END TIME:** 1:41:30

**END CUE:** Duane gives his money



#### **4. LEARN HUMBLY**

**TITLE:** PARENTHOOD

**TOPIC:** The roller coaster ride of parenting

**DESCRIPTION:** As a husband and wife argue about having another child, they are interrupted by the grandmother who parallels parenting to a roller coaster ride

**START TIME:** 1:48:40

**START CUE:** "I love you"

**END TIME:** 1:51:23

**END CUE:** "If she's so brilliant, how come she's in the neighbor's car?"

**TITLE:** SIMON BIRCH

**TOPIC:** Faith/God uses us

**DESCRIPTION:** Miss Leavey tells Simon that he doesn't belong in church and questions that God could use him. Miss Wentworth sticks up for Simon saying Simon has more faith than she'll ever understand.

**START TIME:** 0:31:15

**START CUE:** "Didn't your mom teach you to be quiet?"

**END TIME:** 0:32:45

**END CUE:** Joe and Simon fall into the room

**TITLE:** SHE'S HAVING A BABY

**TOPIC:** Reality of marriage

**DESCRIPTION:** At the altar, a couple recites the vows that morph into a very funny stream of reality

**START TIME:** 0:07:55

**START CUE:** "Kristen, wilt thou have...."

**END TIME:** 0:09:15

**END CUE:** "I will."

**TITLE:** PARENTHOOD

**TOPIC:** Parental pressure on kids to succeed

**DESCRIPTION:** Humorous clip dealing with parental pressure wanting the child to succeed. A surprise reveal at the end of the clip shows all the commotion was directed at none other than a 3 year old.

**START TIME:** 0:12:40

**START CUE:** "Oh listen, Julie got 1291...."

**END TIME:** 0:13:45

**END CUE:** "That's all I ask."

**TITLE:** PLEASANTVILLE

**TOPIC:** Myth of the perfect life once you're a Christian

**DESCRIPTION:** While practicing, the basketball team makes every shot perfectly every time.

**START TIME:** 0:23:00

**START CUE:** The team practices

**END TIME:** 0:24:15

**END CUE:** He kicks basketball and swishes it



## Suggested Music & Media

### **5. LEAVE BOLDLY**

**TITLE:** MR. HOLLAND'S OPUS

**TOPIC:** The reward of serving others

**DESCRIPTION:** A surprise retirement party for music teacher, Mr. Holland, finds scores of students past and present getting the chance to thank him for touching their lives profoundly

**START TIME:** 2:06:07

**START CUE:** Mr. Holland: "Now what is that?"

**END TIME:** 2:11:23

**END CUE:** Closeup of the Governor, then Mr. Holland

**TITLE:** REMEMBER THE TITANS

**TOPIC:** Respect/Commitment/Working together

**DESCRIPTION:** At the end of a workout run, Coach Boone tells them how many men died at Gettysburg here for a special cause, sacrificing everything together.

**START TIME:** 0:32:00

**START CUE:** Team enters a clearing

**END TIME:** 0:34:00

**END CUE:** "Maybe we'll learn to play this game like men."

**TITLE:** DAD

**TOPIC:** Bond between a father and son

**DESCRIPTION:** Dying in a hospital bed, this father and son have a precious moment together

**START TIME:** 1:46:20

**START CUE:** "How you feeling?"

**END TIME:** 1:50:35

**END CUE:** "I must have done something right." Fade out after wide shot



## **6. A NO REGRETS LIFE**

**TITLE:** 8 SECONDS

**TOPIC:** Regret

**DESCRIPTION:** A father who lost his son in a rodeo accident laments not telling him that he loved him for now it's too late.

**START TIME:** 1:27:22

**START CUE:** The casket is carried out by pallbearers.

**END TIME:** 1:28:44

**END CUE:** The mom consoles him, placing her hands on his shoulders.

**TITLE:** THE SHAWSHANK REDEMPTION

**TOPIC:** Regret

**DESCRIPTION:** Before a prison parole board, a long-term inmate reflects on all the years he's lost.

**START TIME:** 2:05:30

**START CUE:** Door opens to parole board room

**END TIME:** 2:07:34

**END CUE:** "I gotta live with that!"

**TITLE:** COOL RUNNINGS

**TOPIC:** One Definition of Success

**DESCRIPTION:** The seduction of success makes some go to extreme measures to achieve their dreams. A bob sledder asks his coach about his past as it pertains to his cheating practices in the Olympics.

**START TIME:** 1:25:15

**START CUE:** Coach enters the room

**END TIME:** 1:27:15

**END CUE:** "When you cross that finish line, you'll know."

**TITLE:** SEARCHING FOR BOBBY FISCHER

**TOPIC:** Pressure and the fear of failing/The toll success takes

**DESCRIPTION:** A heart to heart talk between a chess playing prodigy and his father about losing reveals a lot about the all consuming pressure to win.

**START TIME:** 1:01:30

**START CUE:** The dad is reading a story

**END TIME:** 1:03:50

**END CUE:** "Maybe it's better not to be the best. Then you can lose and it's ok."

**TITLE:** HOPE FLOATS

**TOPIC:** Forgiveness

**DESCRIPTION:** One girl barely recognizes an old acquaintance from high school because she's changed so much. She apologizes for mistreating her back then and asks for forgiveness.

**START TIME:** 0:31:45

**START CUE:** Start on the interview

**END TIME:** 0:34:45

**END CUE:** She begs for a job